



ОТДЕЛЕНИЕ СОЦИАЛЬНОЙ РЕАБИЛИТАЦИИ И АБИЛИТАЦИИ
ДЕТЕЙ С ОГРАНИЧЕННЫМИ ВОЗМОЖНОСТЯМИ
БУХМАО – ЮГРЫ «МЕГИОНСКИЙ КОМПЛЕКСНЫЙ ЦЕНТР
СОЦИАЛЬНОГО ОБСЛУЖИВАНИЯ НАСЕЛЕНИЯ»

ИНФОРМИРУЕТ О ПРЕДОСТАВЛЕНИИ РЕАБИЛИТАЦИОННОЙ УСЛУГИ
«ЛЕЧЕБНАЯ ФИЗИЧЕСКАЯ КУЛЬТУРА»

Лечебная физкультура не просто заставляет больше двигаться, но и играет развивающую роль. Выполняя упражнения, ребенок познает окружающий мир, учится соотносить себя с ним.

Занятия способствуют:

- Гармоничному развитию опорно-двигательного аппарата
- Правильному формированию осанки и ее коррекции
- Укреплению мышц



Специальные упражнения развивают силу и выносливость, улучшают координацию движений.

К положительным сторонам ЛФК также относят возможности для:

- Укрепления иммунитета
- Снижения восприимчивости организма к возбудителям различных заболеваний
- Быстрой адаптации к школьным нагрузкам
- Нормализации работы организма
- Улучшения аппетита и сна



Лечебная физкультура для детей проводится преимущественно в игровой форме. Включает упражнения, соответствующие возрасту занимающихся, уровню их физического развития и состоянию психики. Направлена на развитие всех систем и органов, позволяет нормализовать работу сердца и сосудов, укрепить иммунитет, улучшить осанку и др.

Занимаясь регулярно и под контролем опытного специалиста, можно достичь выраженных результатов. Лечебная физкультура для детей очень полезна и абсолютно безопасна!

Стоимость одного занятия – 296 рублей 33 копейки

Мы находимся по адресу:

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PODARIM_DETAM_SCHASTIE

НАША РАБОТА – ЛЮБОВЬ и ЗАБОТА!

the 1990s, the number of people with a university degree has increased from 10% to 20% of the population.

There are several reasons for the increase in the number of people with a university degree. One reason is that the number of people who go to university has increased. Another reason is that the number of people who have a university degree but do not work in a university has increased.

The increase in the number of people with a university degree has led to a change in the structure of the economy.

In the 1990s, the number of people working in the service sector has increased from 50% to 60% of the population. This is due to the fact that the service sector has become the dominant sector of the economy.

The increase in the number of people working in the service sector has led to a change in the structure of the economy.

In the 1990s, the number of people working in the manufacturing sector has decreased from 30% to 20% of the population. This is due to the fact that the manufacturing sector has become less important in the economy.

The decrease in the number of people working in the manufacturing sector has led to a change in the structure of the economy.

In the 1990s, the number of people working in the agricultural sector has decreased from 10% to 5% of the population. This is due to the fact that the agricultural sector has become less important in the economy.

The decrease in the number of people working in the agricultural sector has led to a change in the structure of the economy.

In the 1990s, the number of people working in the public sector has increased from 10% to 15% of the population. This is due to the fact that the public sector has become more important in the economy.

The increase in the number of people working in the public sector has led to a change in the structure of the economy.

In the 1990s, the number of people working in the private sector has increased from 40% to 45% of the population. This is due to the fact that the private sector has become more important in the economy.

The increase in the number of people working in the private sector has led to a change in the structure of the economy.

In the 1990s, the number of people working in the non-profit sector has increased from 5% to 10% of the population. This is due to the fact that the non-profit sector has become more important in the economy.

The increase in the number of people working in the non-profit sector has led to a change in the structure of the economy.

In the 1990s, the number of people working in the voluntary sector has increased from 5% to 10% of the population. This is due to the fact that the voluntary sector has become more important in the economy.

The increase in the number of people working in the voluntary sector has led to a change in the structure of the economy.